

## Approximate Weekend Destinations for Kayaking Home

Week	Sunday	Destination Name	Cum Nautical Miles	Week in Nautical Miles	Week in Standard Miles	Extra Miles	Total in Standard Miles	Est. # of Days	Daily Rate	Cum Standard Miles	Comments
1	16-Sep	St. Michaels MD	55	55	63	3	66	4	17	66	Short week
2	23-Sep	Irvington VA	134	79	91	15	106	6	18	172	Includes crossing bay
3	30-Sep	Norfolk VA	196	62	71	12	83	5	17	255	
4	7-Oct	Belhaven NC			135	0	135	6	23	390	
5	14-Oct	Swansboro NC			94	0	94	5	19	485	
6	21-Oct	Myrtle Beach SC			136	0	136	6	23	621	
7	28-Oct	Charleston SC			106	5	111	5	22	732	Visit family
8	4-Nov	Thunderbolt GA			113	6	119	5	24	851	
9	11-Nov	Jekyll Island GA			103	5	108	5	22	959	
10	18-Nov	Mayport FL			44	0	44	2	22	1003	Near Jacksonville FL
Total					957	46	1003	49	20		

Number of standard miles per nautical miles 1.15  
 Extra miles are estimated due to following bays around, etc